

Spiritual Solutions



What happens when you come face to face with a Crisis? Whatever the situation, you find yourself drawing back. Do you get that nasty feeling in the pit of your stomach? Or do you find yourself becoming fearful and anxious? These feelings are known as Contracted Feelings. But it does not have to be this way. The spiritual outlook says that Life was never meant to be a Struggle! Rather, it was meant to unfold from its source of Pure Awareness. In this evening workshop we will talk about the Spiritual Solutions to life's everyday Challenges.

Thursday, April 10, 2014
7:30 - 9:00 PM

It is recommended that you arrive early to take full advantage of the meditation at the start of the event from 7:00 to 7:30 pm

All are Welcome. Free of Charge.



At the Brahma Kumaris Learning Center for Peace
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